

PhD in Global Public Health – EPIDEMIOLOGY & HEALTH PROMOTION

6 October – 11 October

	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11		
9.00		OPENING of the GPH PhD Program Lectures: Luís Sambo WHO Africa J. Muller-Nordhorn Charité Berlin	How is an Epidemiology research structure built? (HB)	Epidemiology: an epistemological approach (HB)	Health Promotion (ER)			
10.00								
11.00								
12.00								
13.00								
14.00			International site visit to the EPIUnit					
15.00		EPI 1 Team presentation. How to live together (HB)						
16.00								
17.00					Occupational Health Epidemiology (FB)			
18.00								
19.00								

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13 October – 18 October

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
9.00						
10.00	Portuguese for foreigners		Portuguese for Foreigners		Portuguese for Foreigners	
11.00						
12.00			Cancer Epidemiology (NL)			
13.00						
14.00	Study Design – the anatomy of research (HB)		Health Promotion (ER)			
15.00		Presentation and Discussion of PhD projects (HB) Room 304				
16.00						
17.00	Occupational Health			Journal Club Health Promotion	Public Health Seminar	
18.00	Epidemiology (FB)					
19.00						

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20 October – 25 October

	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
9.00						
10.00	Portuguese for Foreigners		Portuguese for Foreigners		Portuguese for Foreigners	
11.00						
12.00			Longitudinal Epi data: childhood growth as an example (AS)			
13.00						
14.00			Health Promotion (ER&IL)			
15.00	Perinatal Epidemiology Unit Meeting R.304	Muscle skeletal Epidemiology Unit Meeting R.304		Health Promotion (ER)		
16.00						
17.00	Occupational Health Epidemiology (FB)				Occupational Health Epidemiology (FB)	
18.00						
19.00						

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27 October – 1 November

	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1
9.00						Travelling to Rebordelo , Vinhais Socializing, Visit to a rural area, Lunch & More
10.00	Portuguese for Foreigners		Portuguese for Foreigners		Portuguese for Foreigners	
11.00						
12.00						
13.00		Social Epidemiology Unit Meeting R.304				
14.00			Epidemiological Surveillance (EG-B)	Health Promotion (ER)	Public Health Seminar	
15.00		Cohort studies (HB)				
16.00						
17.00	Occupational Health Epidemiology (FB)		Journal Club Epidemiology (HB)		ISPUP PhD meeting	
18.00						
19.00						

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3 November – 8 November

	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
9.00	Portuguese for Foreigners	Epidemiology contribute to systems public health (RL)	Portuguese for Foreigners	Hospital Epidemiology (AA) and visit to CHSJ	Portuguese for Foreigners	
10.00						
11.00						
12.00						
13.00						
14.00	Health Promotion (ER)				Public Health Seminar "Applying theory based approaches to evaluating complex interventions"	
15.00				Environmental Epidemiology Unit Meeting R.302		
16.00						
17.00						
18.00						
19.00						

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10 November – 15 November

	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
9.00	Portuguese for Foreigners	Epidemiology in Action Visit to FMUP and Cohort evaluation (group 1)	Portuguese for Foreigners	Epidemiology in Action Visit to FMUP and Cohort evaluation (group 2)	Portuguese for Foreigners	
10.00						
11.00						
12.00						
13.00						
14.00	Causality in Epidemiology (HB&SN)		Health Promotion (ER)	Health Promotion (ER)		
15.00						
16.00						
17.00		Journal Club Health Promotion				
18.00						
19.00						

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17 November – 22 November

	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	
9.00							
10.00	Portuguese for Foreigners		Portuguese for Foreigners		Portuguese for Foreigners		
11.00							
12.00							
13.00							
14.00	Health Promotion (ER)		Health Promotion (ER)	Nutrition Epidemiology Unit Meeting R.311	Evaluation and Farewell		
15.00							
16.00							
17.00					ISPUP PhD meeting		
18.00							
19.00							

1. The schedule comprises moments of “formal” teaching and activities within the routine programs of our institution.
2. Students will be offered tables and computers in a room specially intended for the Global Public Health program. Group discussion will take place in this room (3rd floor)
3. The 10 students will be aggregated in 5 groups; each group will be accompanied by a PhD student in a more advanced phase of his/her studies, during the stay in Porto, which will act as a tutor, helping in everyday tasks and scientific questions.
 - a. Fábio Araújo
 - b. Filipa Fontes
 - c. Joana Araújo
 - d. Maria João Fonseca
 - e. Catarina Samorinha
4. Each group will be given the 13th October, a real data base (extracted from our own cohort data) to analyze. The final courses evaluation will consist in drafting and discussing a manuscript to be published in an international journal based on such data [Epidemiology] and on a protocol designing an intervention to address the health problem dealt with in the analytical study [Health Promotion]. The paper will be oriented by a senior researcher:
 - a. Passive smoking during childhood (Ana Cristina Santos)
 - b. Maternal country of origin and pain at 7-years of age (Raquel Lucas)
 - c. CRP and exposure to parental violence (Silvia Fraga)
 - d. Sexual behavior during adolescence (Elisabete Ramos)
 - e. Social class and health services utilization (Henrique Barros)
5. The expected training and learning period will comprise besides the formal lectures, practical exercises, group discussion, journal clubs, participation with discussion of the work of researchers and PhD students working in the different Units, seminars and cultural events (these, to be scheduled).
6. There is a free course – Portuguese for Foreigners – offered to our students.